



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Curtis Tennant

This is to certify that Curtis Tennant is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Curtis competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

**Championship Success - 7 Gold 6 Silver 3 Bronze**

**Yorkshire Open Championships - 10<sup>th</sup> February, Barnsley**

Bronze - Individual Kumite

**Shindo Kai Championships - 24<sup>th</sup> March, Barnsley**

Gold - Individual Kumite

Gold - Individual Kata

Gold - Pairs Kata

Silver - Team Kata

**Halifax Championships - 16<sup>th</sup> June, Halifax**

Gold - Individual Kata

**Shindo Kai Grass Roots Championships - 30<sup>th</sup> June, Barnsley**

Gold - Individual Kumite

Gold - Team Kumite

Bronze - Pairs Kata



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Curtis Tennant

**North East Open Championships** - 20<sup>th</sup> October, Sunderland

Silver - Team Kata

Silver - Pairs Kata

Bronze - Team Kumite

**Shindo Kai Championships** - 17<sup>th</sup> November, Barnsley

Gold - Team Kumite

Silver - Individual Kumite

Silver - Individual Kata

Silver - Pairs Kata

Congratulations on your sporting achievements throughout 2019. Well done Curtis.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.